

KFC Allergen Menu Australia

Complete Allergen Guide – Updated for 2026

This document is designed to help customers understand common allergens present in KFC Australia menu items. It is intended for informational purposes only.

Website: www.kfcmenuaustralia.com

Introduction

This complete guide provides an overview of allergen-related information for KFC Australia. KFC does not guarantee allergen-free food. All menu items are prepared in shared kitchens using common equipment, which means cross-contact may occur. Customers with food allergies or intolerances should always review the official allergen information and confirm details in-store before ordering.

Key Allergens at KFC Australia

The most common allergens across the KFC Australia menu include wheat/gluten, milk, egg, soy, sesame, peanuts, tree nuts, and sulphites. The official allergen guide uses the indicators Present (P) and May Contain (MC) to describe allergen status.

Allergen	Status	Common Sources	Important Notes
Gluten / Wheat	Present / May Contain	Chicken coatings, buns, wraps	High cross-contact risk
Milk / Dairy	Present / May Contain	Cheese, gravy, coleslaw, desserts	Used widely in sides
Egg	Present / May Contain	Batters, coatings, sauces	Check item-specific details
Soy	Present / May Contain	Marinades, coatings, sauces	Common processing ingredient
Peanuts / Tree Nuts	May Contain	Suppliers & storage	No nut-free guarantee

Gluten & Wheat Information

KFC Australia does not offer certified gluten-free menu items. Wheat-based ingredients are used extensively, and shared fryers and preparation areas increase the likelihood of gluten cross-contact, even in items that do not list gluten as an ingredient.

Dairy / Milk Information

Milk is present in many KFC menu items, including cheese, potato and gravy, coleslaw, and desserts. Other items may still contain traces of milk due to shared preparation equipment and handling procedures.

Vegan, Nut Free & Soy Free Considerations

KFC Australia does not guarantee Vegan, Nut Free, or Soy Free food. Although some menu items may not intentionally contain these ingredients, all food is prepared in shared environments where cross-contact can occur.

Official KFC Allergen Menu PDF

For the most accurate and current allergen information, customers should always refer to the official KFC Australia allergen menu PDF available on the KFC Nutrition & Allergen page. This document reflects current product formulations and supplier data.

This guide is for informational purposes only and should not replace professional medical advice.